

Friday 16th October 2009

Dear Parent/Guardian

The College has a number of students who have been prescribed Tamiflu because they have displayed symptoms of the H1N1 virus (also known as 'swine flu').

Patients with swine flu typically have a fever or high temperature of over 38°C / 100.4°F and two or more of the following symptoms:-

- Unusual tiredness;
- Headache;
- Runny nose;
- Sore throat;
- Shortness of breath or cough;
- Loss of appetite;
- Aching muscles;
- Diarrhoea or vomiting.

We realise that this will be of concern to you as parents, however we wish to reassure you that the school is working closely with West Sussex County Council, and we are receiving regular updates of the situation, to ensure the safety and welfare of your children.

It is extremely important that if your child develops a high temperature and any of the above symptoms, the advice from the Health Protection Agency is to stay at home and contact your GP or NHS Direct on 0845 4647.

Further information can also be obtained by calling the Swine Flu Information Centre on 0800 1 513 513 or by visiting www.direct.gov.uk/swineflu

Overleaf is a copy of the letter sent to all parents at the end of the summer term.

Yours sincerely



Mr P Cook
Headteacher

PC/am

16th July 2009

Dear Parent / Guardian

The school has been informed that one of our pupils is a suspected case of influenza A type H1N1 (also known as 'swine flu').

The pupil is receiving the appropriate medical treatment and recovering at home.

The school has been advised that no other actions are necessary and the school will remain open as usual.

The school is working closely with the Health Protection Agency to monitor the situation.

If you or your child develops symptoms of flu-like illness the advice of the Health Protection Agency is to stay at home and contact your GP or NHS Direct on 0845 4647. Each case will be assessed and, if necessary, treatment will be provided.

If your child has an underlying medical condition such as chronic respiratory or heart disease, chronic renal or liver disease, diabetes or immunosuppression (such as treatment for cancer) they should be given antiviral treatment if they develop flu like symptoms. This can be arranged by ringing your GP and saying that you have received this letter from your school.

Pregnant or immunosuppressed staff with symptoms should contact their GP for advice.

Good basic hygiene can help to reduce transmission of all viruses, including swine flu. This includes:

- Covering your nose and mouth when coughing or sneezing, using a tissue when possible.
- Disposing of dirty tissues promptly and carefully.
- Washing your hands frequently with soap and water to reduce the spread of the virus from your hands to your face or to other people.
- Cleaning hard surfaces (such as door handles) frequently using a normal cleaning product.
- Making sure your children follow this advice.

For more information on swine flu call the national information line on 0800 1 513 513.

Yours sincerely



Mr P Cook
Headteacher