

Student & Parent School Bulletin

Monday 24th January 2022 week 18B

1. Diary

Monday 24th

- Year 11 Futures (6th Form) Interviews (day 1), see year group notice below

Tuesday 25th

- Year 11 Futures (6th Form) Interviews (day 2), see year group notice below

Wednesday 26th

- 08.00-10.00 Donated uniform event (see item 8)
- Year 11 Futures (6th Form) Interviews (day 3), see year group notice below

Thursday 27th

Friday 28th

2. Year Group Notices

Year 7 and 8 After-school club

This half-term the food department will be running a pizza club session for Year 7 and 8. It will run on Thursday from 3.00-4.00pm afterschool, as below. An ingredients list will be given to students as they sign up for the club.

- Year 8: Thursday 27th January
- Year 7: Thursday 10th February

Spaces are limited to 20, so if you know you want to join please pop and see either Mrs Wise or Miss Wickens in B10 and we will add your name to the club list.

Year 7 to 9

A reminder that KS3 History Club will be meeting as usual in B28 afterschool on Tuesday 25th January. Mr Pilling, Curriculum Leader: History

Year 9 Options

Please click [here](#) to view a letter that was emailed to parents/carers this week.

Year 11 Futures Interviews

A reminder that all year 11 students will be attending a Futures Interview on either Monday, Tuesday or Wednesday next week. Students were emailed a letter the week before last informing them of the time and place of this meeting (parents will also have received this). If anyone is unsure, they should check with their tutor; reminder slips will be given out on the day of the meetings.

Students were shown an assembly this week giving them some more information about the meetings. The link is below should any parent wish to watch it. We look forward to meeting with all students next week.

<https://www.youtube.com/watch?v=KaAxDEcw7Fc>

Mrs Brixey, Sixth Form Leader

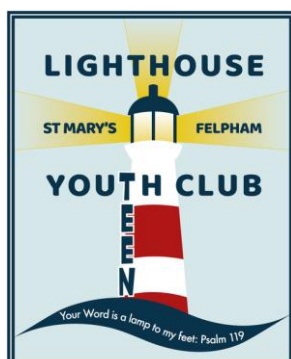
3. Culture Club

Please click [here](#) to view the Culture Club activities for this half-term. The club runs every Thursday at the top floor of the Blake Building - all year groups welcome. The session next week, on 27th January, will be Tik-Tok Spanish/French in B40.

Mrs Cauchy-Duval, MFL Department

4. Lighthouse Youth Club

Please find below information Reverend Challis (St Mary's, Felpham) has asked us to share with our students and parents/carers:



Lighthouse (Teens plus) will be meeting in St Mary's Centre, Felpham from 30th January from 7.30pm-9pm each Sunday in term time.

Come to chat, snack with games and fun. We will also be organising trips through the year with bowling, summer BBQs etc.

If you want to come along please email the parish office at stmaryscentre@googlemail.com, or look for the Lighthouse Youth clubs FB page and send us a message.

5. Student Council

Thank you to the Student Council Form Reps who attended the meetings this week. The feedback will now feed into the Whole School Council meeting which will take place w/c 31st January. Please can Whole School Council (Year Reps) check Teams next week for the meeting details and agenda, thank you.
Mr Summers, Assistant Headteacher

6. Flu vaccinations - catch-up clinics

Please see the message below from the NHS Immunisation Service:

Parents/Carers

If your child did not receive the flu vaccination, and you would like them to be vaccinated, it's not too late. Please ensure that you complete an online consent form, if you have not already done so, as below:

How do I consent / refuse to my child having these vaccinations?

1. Visit the following web address: www.susseximmunisations.co.uk/Forms/Flu
2. Enter and confirm your preferred email address - you will receive a confirmation email following submission of the consent form.
3. Enter the school code: **SX126080**
4. Complete and submit the consent form, indicating your choice of consent - please ensure you provide the child's registered address and GP.

How do I book an appointment for my child to be vaccinated?

1. Click the link in automated email you will receive on submission of your completed consent form to book an appointment at one of our Community Catch up Clinics, for your child to receive the vaccination. You will require your booking reference number which can be found in the email.
2. Arrange for an adult to accompany your child to their clinic appointment.

7. Safeguarding Corner

Supporting Parents / Carers of LGBT+ children and young people who self-harm

Please find below information from Arun District Council that parents / carers who are supporting young people with self-harm may find useful.

As part of the [Self-harm Learning Network Programme](#), Allsorts Youth Project will be running a series of online workshops during 2022 specifically for parents and carers of LGBT+ children and young people to provide advice on supporting your child's sexual orientation, gender identity or exploring (and to discuss experiences of supporting your child in relation to self-harm).

To help shape these workshops, we are running an informal session for parents / carers of LGBT+ children and young people who have or are experiencing self-harm.

The aim of the workshops is to provide a safe space for parents / carers of LGBT+ children and young people to:

- *Talk about their experiences of supporting their child's sexual orientation, gender identity or exploring (and experiences in relation to self-harm).*
- *Meet and hear from other parents / carers who may share similar experiences*
- *Provide input to help shape the content of the future workshops to be offered during 2022*
- *Find out more about the self-harm Learning Network programme and resources available*

Please click on this link for more information: 26th Jan session: <https://www.eventbrite.co.uk/e/239921420427>

Self-Harm Learning Network

Worried about self-harm? West Sussex are inviting parents / carers to join them on their learning networks. Please click [here](#) to view a flyer with more information.
Mrs Covill, Safeguarding and Inclusion Lead

8. Donated uniform

We will be holding the next pre-loved uniform donation event on Wednesday 26th January, from 8.00-10.00am in the main hall for parents and carers; students are welcome to pop in before registration if they wish.

- Please enter the main hall via the fire doors to the right of Reception (the gates at the front of the school will remain open until 10.00am that day).
- Please remember facemasks and, if you are able to, please bring in some cash for the donation pot - which goes towards the cost of laundering donated items, thank you.

We have a good stock of all uniform (except ties), especially PE kit. We also have trainers and football boots available (these will need washing).

9. COVID update for all education settings

Please click [here](#) to view a letter emailed to parents/carers this week following the Prime Minister's announcement on Wednesday regarding the end of Plan B.

10. WSCC Proud to Care

West Sussex support Care providers across West Sussex in finding candidates for their vacancies. This is a free service offered by West Sussex County Council to residents to find work in the care sector. The Proud to Care Team are running an online recruitment campaign across West Sussex; the campaign will run 10th January to 31st March - click [here](#) to view a flyer.

11. Resources for Students and Parent / Carers

NHS Sussex Community Foundation Trust have asked us to share the following information with parents/carers.

1. Launch of Parentline text service - 07312 277011

We have recently launched Parentline, a confidential text service which parents can use to contact the service about problems with their children’s health, such as: sleep issues, continence, poor school attendance, emotional health, low self-esteem, low mood, low-level anxiety, and lifestyle concerns such as weight loss or gain.

2. Launch of Health for Kids and Health for Teens health and wellbeing websites

We have now launched two award-winning health and wellbeing websites for children and young people. Health for Kids and Health for Teens are designed to provide information to children and young people about their physical and mental health in a fun and engaging way, helping them make choices that support their wellbeing.

- Health for Kids is aimed at children aged four to 11 and their parents/carers: <https://www.healthforkids.co.uk/>
- Health for Teens is aimed at young people aged 11 to 19: <https://www.healthforteens.co.uk/>

Further information is available on the Trust’s website at www.sussexcommunity.nhs.uk.

12. Publicity

In the Bognor Regis Observer 20th January: Class Act - Sixth Form ‘What’s New for 22’ (pages 42-43)

13. Praise Points

The tutor groups with the highest number of praise points in their year group last week were:

- 7L, 8P, 9F, 10P, 11A and 6th Form: 12/13GSL

14. Careers Information from Mrs Woodman, Careers Leader

Students in all year groups - Job of the week

Each week I share with you a short YouTube video, created by Jamie Pywell of MyPath Careers, that introduces you to a job - what the job entails, what subjects are useful for it, what qualifications you will need to get into it, and the salary you might earn. This week’s Job of the Week is [retail buyer](#).

Forensic Science - a career guide

What is forensic science and how do you become a forensic scientist? Find out the basics in [this guide](#) from Careermap.

21 Top Jobs for the Future

No one can predict all of the jobs young people will be able to choose from in the second half of the 21st century but [this guide](#) highlights a few of the jobs that are likely to be in high demand over the next 15 years.

Students and Parents / Carers - Get to Know Apprenticeships event

With National Apprenticeship Week just around the corner (7th - 13th February) Chichester College are hosting this event on Monday 7th February from 5.30-7.00pm. Find out more and register [here](#).

Parents / Carers - Free Online Courses with Chichester College

Perfect as a CPD opportunity, refresher course or a means to learn something new. These online courses, free to people over the age of 19, are VRQs or Vocationally Recognised Qualifications. Depending on the course you choose it will take you 4-12 weeks to complete.

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| <p>General Understanding Data Protection & Data Security (GDPR) Equality & Diversity Information, Advice & Guidance</p> <p>Childcare Understanding Young People’s Mental Health</p> <p>Education Understanding Behaviour that Challenges Understanding Safeguarding & Prevent</p> | <p>Business & Management Principles of Business Administration Creating a Business Start-Up Understanding Excellence in Customer Service for Hospitality Digital Skills for Work LEAN Organisation Management Techniques Principles of Team Leading Warehousing & Storage</p> |
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Adult Care

Principles of Dementia Care
Understanding Dignity & Safeguarding in Adult Health & Social Care
Principles of End-of-Life Care
Understanding Falls Prevention Awareness
Principles of Working with Individuals with Learning Disabilities

General Health

Understanding Autism
Understanding the Care & Management of Diabetes
Understanding Common Health Conditions
Awareness of Mental Health Problems
Safe Handling of Medication in Health & Social Care
Understanding Nutrition & Health
Improving Personal Exercise, Health & Nutrition
Principles of the Prevention & Control of Infection
Understanding Specific Learning Difficulties

Find out more and register [here](#).

Year 10 upwards - are you interested in a career in law?

Young Professionals, in conjunction with Linklaters, are hosting an event on Wednesday 26th January, from 5-6pm, where you will be able to take part in interactive workshops as well as hear about Linklaters' summer work experience scheme. You will also find out about the Linklaters Making Links Schools Challenge, where you could win cash prizes for yourself and the school. Find out more [here](#) and register [here](#).

Parents of students in Years 10 upwards - Is your child interested in business?

Deloitte are hosting an apprenticeships parents' insight webinar on Tuesday, 1st February at 6.30pm – an opportunity to hear all about the range of apprenticeship opportunities Deloitte can offer in areas including audit, consulting, financial, legal and tax. Find out more and register [here](#).