

PSHE Learning Journey Year 7

SKILLS DEVELOPED **TEAMWORK & LEADERSHIP** **PUBLIC SPEAKING** **PROBLEM SOLVING** **CREATIVITY & INNOVATION** **DECISION MAKING** **RESILIENCE & STAYING POSITIVE** **PLANNING & ORGANISATION** SKILLS DEVELOPED

YEAR 8

Why is Politics Important?
How is our Country Run?
The Role of the Prime Minister
The Monarchy and King Charles III
Politics, Debates and Parliament
Elections and Campaigning
Creating a Political Party



CITIZENSHIP
BRITISH VALUES

POLITICS & PARLIAMENT

YEAR
7

CORE THEME 1

YEAR
7

CELEBRATING DIFFERENCES

CITIZENSHIP

PSHE

BRITISH VALUES



What is your Identity?
Multicultural Britain
Importance of Being Kind
Breaking Down Stereotypes
Learning Disabilities
Prejudice and Discrimination
Challenging Islamophobia

CORE THEME 2

Avoiding Gangs & Criminal Behaviour
Staying Safe Online
Online Gaming, Grooming & Addiction
Alcohol and Risk
Nicotine and Smoking
E-Cigs, Vaping and Shisha
Energy Drinks and Caffeine
Knife Crime and Safety



STATUTORY HEALTH & RSE

DRUGS EDUCATION

STAYING SAFE ONLINE & OFFLINE

YEAR
7

CORE THEME 4

YEAR
7

FRIENDS, RESPECT & RELATIONSHIPS

STATUTORY HEALTH & RSE

PSHE



Consent and Boundaries
Respect and Relationships
What Makes a Good Friend?
Friendships & Online Relationships
Being Positive
Pressure, Influence and Friends
What Does it Mean to be a Man Today?

CORE THEME 3

Introduction to Puberty
Girls Puberty & Periods (Double Lesson)
Boys Puberty
Personal Hygiene
Growing Up
Self-Esteem
Tooth Decay & Dental Health



STATUTORY HEALTH

PSHE

WELLBEING

PUBERTY & BODY DEVELOPMENT

YEAR
7

CORE THEME 5

YEAR
7

MANAGING CHANGE

GATSBY BENCHMARKS - CAREERS -

FINANCIAL EDUCATION

SMSC & CAREERS



What is PSHE?
Getting to Know People
What is a Community?
Careers and Your Future
Sleep and Relaxation
Financial Education
Transition Points in Your Life

CORE THEME 6

WELCOME

RSE COMPLIANT

HEALTH COMPLIANT

GATSBY BENCHMARKS

SPIRAL THEMATIC APPROACH

- 1) Rights, Responsibilities & British Values
- 2) Celebrating Diversity & Equality
- 3) Relationships and Sex Education
- 4) Staying Safe Online and Offline
- 5) Health and Wellbeing
- 6) Life Beyond School

PERSONAL DEVELOPMENT

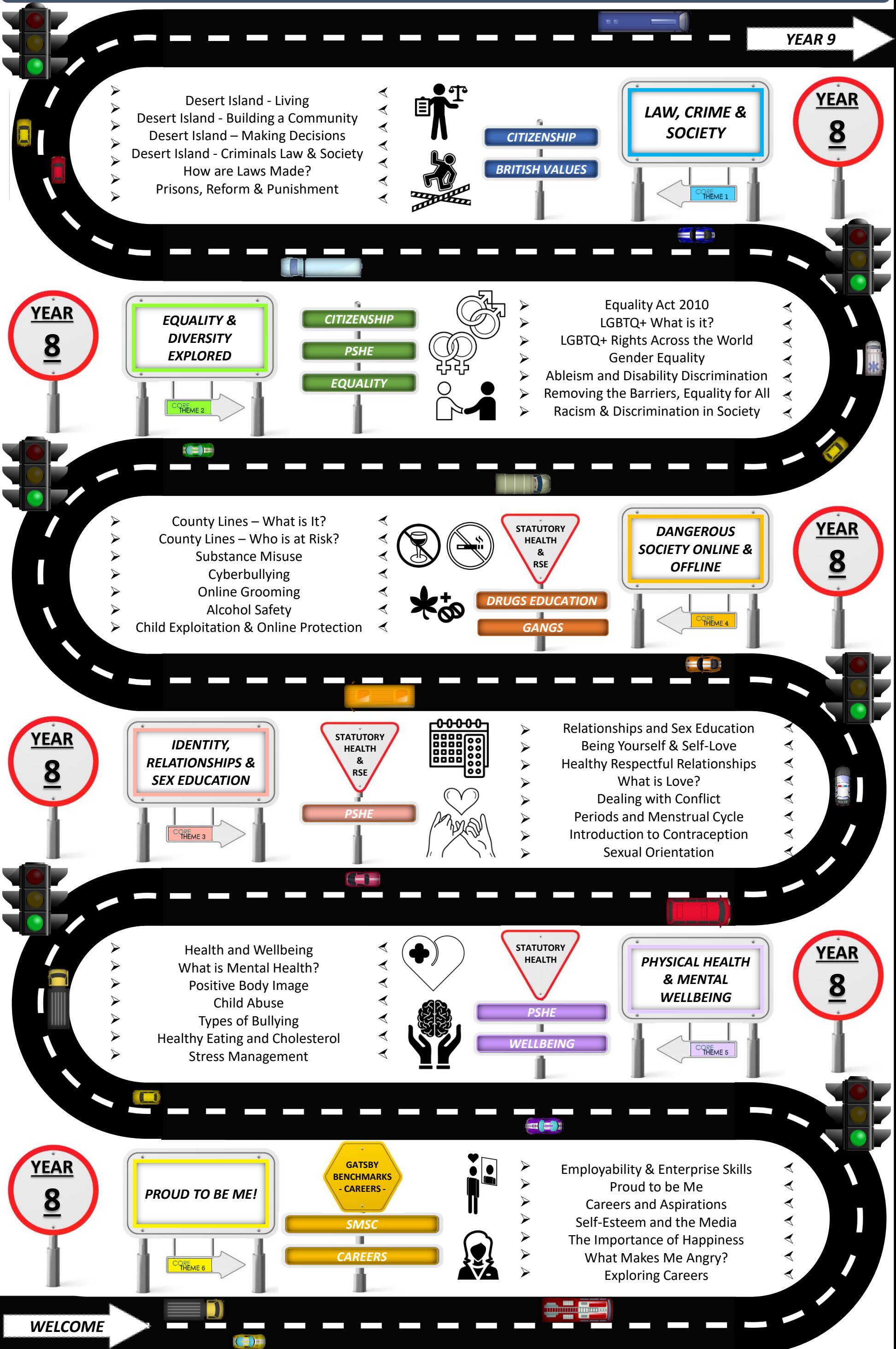
ASSESSMENT & PROGRESS IN PSHE

- ✓ Themed Projects,
- ✓ Confidence Checkers
- ✓ PSHE App
- ✓ End of Unit Quizzes
- ✓ Graduation Portfolios



PSHE Learning Journey Year 8

SKILLS DEVELOPED TEAMWORK & LEADERSHIP PUBLIC SPEAKING PROBLEM SOLVING CREATIVITY & INNOVATION DECISION MAKING RESILIENCE & STAYING POSITIVE PLANNING & ORGANISATION SKILLS DEVELOPED



RSE COMPLIANT
HEALTH COMPLIANT
GATSBY BENCHMARKS

SPIRAL THEMATIC APPROACH

- 1) Rights, Responsibilities & British Values
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PERSONAL DEVELOPMENT

ASSESSMENT & PROGRESS IN PSHE

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PSHE Learning Journey Year 9

- SKILLS DEVELOPED
- TEAMWORK & LEADERSHIP
 - PUBLIC SPEAKING
 - PROBLEM SOLVING
 - CREATIVITY & INNOVATION
 - DECISION MAKING
 - RESILIENCE & STAYING POSITIVE
 - PLANNING & ORGANISATION
- SKILLS DEVELOPED



COMBATTING EXTREMISM & TERRORISM

CONTRIBUTING TO: CITIZENSHIP, PREVENT

CORE THEME 1

YEAR 9

- Conspiracies Theories & Narratives
- Forms of Extremism
- What is Terrorism?
- War & Conflict
- The Radicalisation Process
- How Does Counter Terrorism Work?
- Antisemitism in the UK

CONTRACEPTION & STIS

CONTRIBUTING TO: STATUTORY HEALTH & RSE, PSHE

CORE THEME 3

YEAR 9

- What are STIs?
- Treating STIs and the Clinic
- Contraception Explored
- Contraception - Condoms
- Contraception Explored Further
- HIV and AIDS
- HIV and AIDS Prejudice and Discrimination

LEGAL & ILLEGAL DRUGS

CONTRIBUTING TO: STATUTORY HEALTH, DRUGS EDUCATION

CORE THEME 4

YEAR 9

- What is a Drug?
- Different Types of Addictions
- Cannabis Products
- Drug Classifications
- Party Drugs & Illegal Drugs
- The War on Drugs
- Volatile Substance Abuse

SEX, THE LAW & CONSENT

CONTRIBUTING TO: STATUTORY HEALTH & RSE, PSHE

CORE THEME 3

YEAR 9

- Sexual Consent and the Law
- FGM and the Law
- Relationships and Partners
- Domestic Abuse and Domestic Violence
- Why Have Sex?
- Delaying Sexual Activity
- Sexual Harassment and Stalking

BODY CONFIDENCE

CONTRIBUTING TO: STATUTORY HEALTH, PSHE, WELLBEING

CORE THEME 5

YEAR 9

- How Self-Esteem Changes
- What is a Penis?
- What is a Vulva?
- Bullying in all its forms
- Dealing with Grief and Loss
- Media and Airbrushing
- Cancer Prevention and Healthy Lifestyles

ESSENTIAL LIFE SKILLS

CONTRIBUTING TO: GATSBY BENCHMARKS - CAREERS, FINANCE, ENTERPRISE & CAREERS

CORE THEME 6

YEAR 9

- From Failure to Success
- Assertiveness
- First Aid
- Saving and Managing Money
- Labour Market Information
- Finance, Budgeting and Employment
- Social Media & Online Stress

WELCOME

RSE COMPLIANT

HEALTH COMPLIANT

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PERSONAL DEVELOPMENT

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PSHE Learning Journey Year 10



SKILLS DEVELOPED TEAMWORK & LEADERSHIP PUBLIC SPEAKING PROBLEM SOLVING CREATIVITY & INNOVATION DECISION MAKING RESILIENCE & STAYING POSITIVE PLANNING & ORGANISATION SKILLS DEVELOPED

YEAR 11

- Critical Thinking & Fake News
- Hate Crime in the UK
- British Values and Identity
- Mutual Respect & Tolerance
- Individual Liberty
- What are Human Rights?
- Democracy Explored



CITIZENSHIP
BRITISH VALUES

EXPLORING
BRITISH VALUES

YEAR
10

EXPLORING
WORLD ISSUES

CITIZENSHIP
PSHE
HUMAN RIGHTS



- International Organisations
- Peace, War & Conflict
- Human Rights During War
- Aid & Supporting Other Countries
- Striking & Trade Unionism
- Women's Rights & Equality
- Fair Trade & Free Trade

- Honour Based Violence
- Forced Marriages and Breast Ironing
- Online Gaming & Gambling
- Social Media Validation
- Modern-Day Slavery
- Keeping Your Data Safe
- Causes of Knife Crime



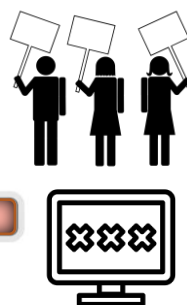
STATUTORY HEALTH
RISK

VIOLENCE,
CRIMES &
SEEKING SAFETY

YEAR
10

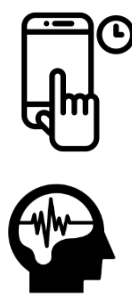
EXPLORING
RELATIONSHIPS &
SEX EDUCATION

STATUTORY HEALTH & RSE
PSHE



- Pleasure and Delaying Sexual Activity
- Campaigning Against FGM
- Sexting and Nudes
- Online Pornography (Myths vs Reality)
- Porn and its Impact on Society
- Unhealthy Relationships & Sexual Assault
- Sexualisation of the Media
- Consent – Is This Rape?

- Child Sexual Abuse
- Screen Time
- Mental Health Illnesses
- Self-Harm
- Suicidal (Thoughts and Feelings)
- Promoting Emotional Wellbeing



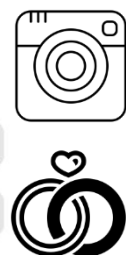
STATUTORY HEALTH
PSHE
WELLBEING

MENTAL
HEALTH &
WELLBEING

YEAR
10

RIGHTS AND
RESPONSIBILITIES

Life Beyond School
FINANCIAL EDUCATION
CITIZENSHIP



- Instagram & TikTok Generation
- Targeted Advertising and Your Data
- What is Marriage?
- Rights and Responsibilities
- Consumer Rights
- Employment Rights
- Exploring a Pay Check

WELCOME

RSE
COMPLIANT
HEALTH
COMPLIANT
GATSBY
BENCHMARKS

SPIRAL THEMATIC APPROACH

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- Celebrating Diversity & Equality
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- Staying Safe Online and Offline
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- Life Beyond School

PERSONAL DEVELOPMENT

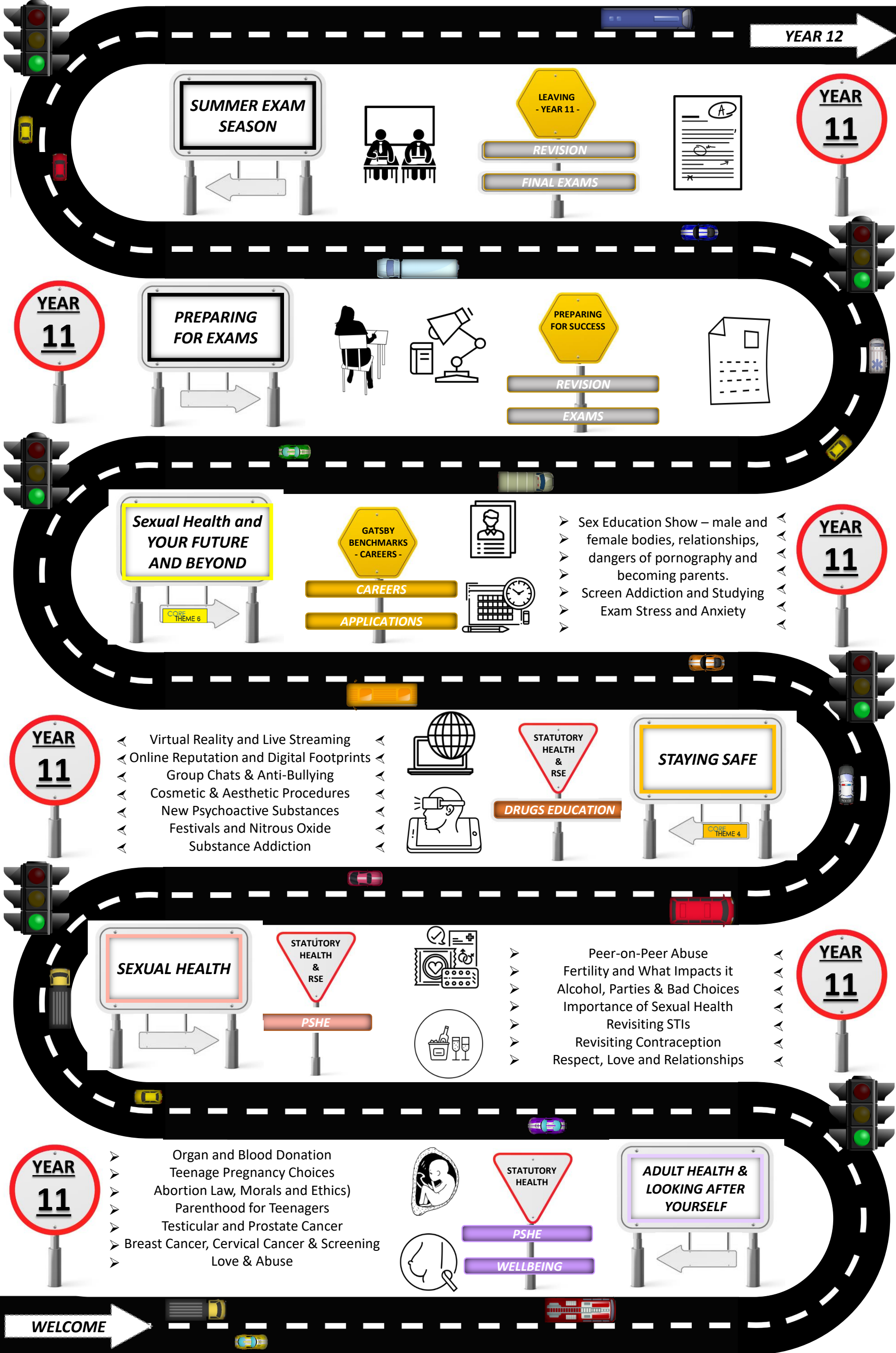
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PSHE Learning Journey Year 11

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RSE COMPLIANT

HEALTH COMPLIANT

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