

Welcome to the Year 11 Information Evening

Mrs Bloomfield: Assistant Headteacher
Mr James: Head of Year 11
Miss Smith: Assistant Head of Year 11
Mrs Irish: Pastoral Manager for Year 11



Attendance & Punctuality

- Expectations and understanding absence
- Can your child complete a 5 day week?
- Understanding just how important having good attendance to school is and the impact it has if attendance is below expectations.
- Why is being on time to school and being on time to all 6 lessons each day is so important?
- Punctuality to exams is vital.



Turn up everyday

Target = +95% attendance

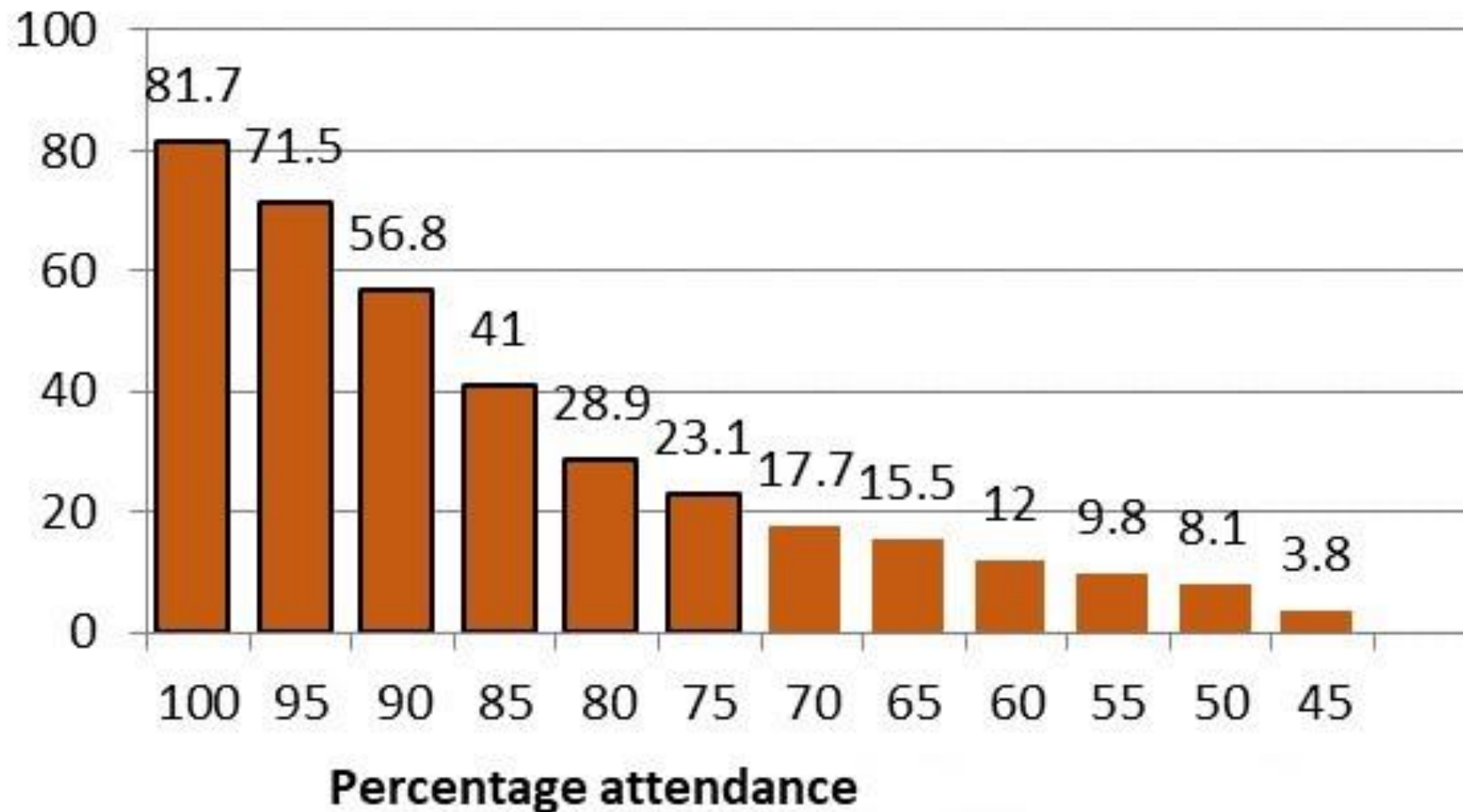
+96% = \geq 6 days absence

80% attendance in secondary school = missing one whole year!



Chances of 5+ GCSE 5-9 grades including English and Maths

Percentage of students achieving



Mental health support

- Our website has links to lots of resources for both parents and students.
- If you are concerned about your son/daughter please contact their form tutor or the year office.
- Mental health support sessions available ahead of the mock exams.
- Parents / Carers can do a self referral to YES (Youth Emotional Support)

Key Dates for year 11

- 12th October – Macbeth Trip
- 30th October – GCSE Mock Exams Start
- 5th November Havant College Open Evening
- 6th November- Practical exams
- 10th November – Careers Interviews
- 30th November – Year 11 Consultation Evening

- 20th February – Second set of GCSE Mock Exams Start
- 26th February – Practical Exams

- 13th May 2024 – External exams begin
- 28th June 2024 – Prom
- 22nd August 2024 – GCSE results day



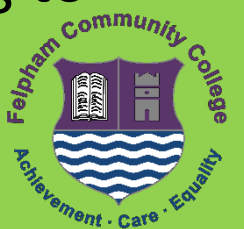
Year 11 Mock timetable

Y11 MOCKS 2023


WK		Date	1	2	Break	3	4	Lunch	5	6		
Mon	B	30th Oct	Maths (Non-Calculator) 01:30								Biology 01:45 / Combined Biology 01:15	
Tue	B	31st Oct	English Language 01:45								Maths (Calculator) 01:30	
Wed	B	1st Nov	Chemistry 01:45 / Combined Chemistry 01:15								Geography 01:30	
Thu	B	2nd Nov	English Literature 01:45								History 01:15	
Fri	B	3rd Nov	Physics 01:45 / Combined Physics 01:15								Psychology 01:45	
Mon	A	6th Nov	Business Studies 01:30 / MOP UP DAY								Computer Science / MOP UP DAY	
Tue	A	7th Nov	French Listening & Reading 01:20/01:45 Spanish Listening & Reading 01:20/01:45								RE: 01:45 / Media Studies 01:30	
Wed	A	8th Nov	PE 01:15									
			PHOTOGRAPHY ALL DAY									
			3D DESIGN & PERFORMING ARTS									
			FOOD PREPERATION & NUTRITION & 3D DESIGN ALL DAY									
			ART & TEXTILES ALL DAY									

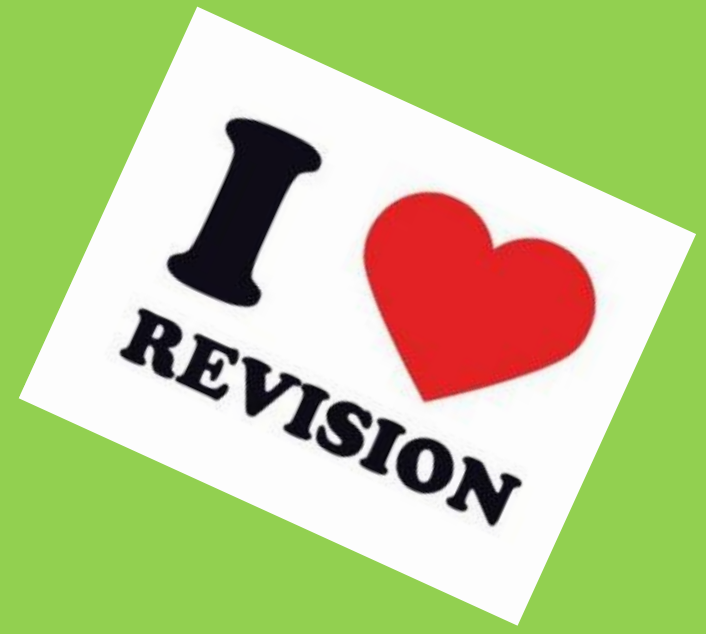
Mock exams

- These will give the students practice at sitting the exams in the Arundel Hall and the procedures that this entails: no mobile phones, watches, pieces of paper in pockets etc.
- They will be given a timetable with seat numbers on for the different exams.
- Some exams may finish beyond the end of the day.
- Students will need all their equipment, including a calculator for science exams in a clear plastic pencil case and a water bottle.
- Some students (who have already been assessed) will sit their exams with CSC support.
- Students must follow the examination rules and not become distracting to others.






**KEEP
CALM
AND
DO SOME
REVISION**



**How we can work together
to support you in your
revision; how and when to
revise...**



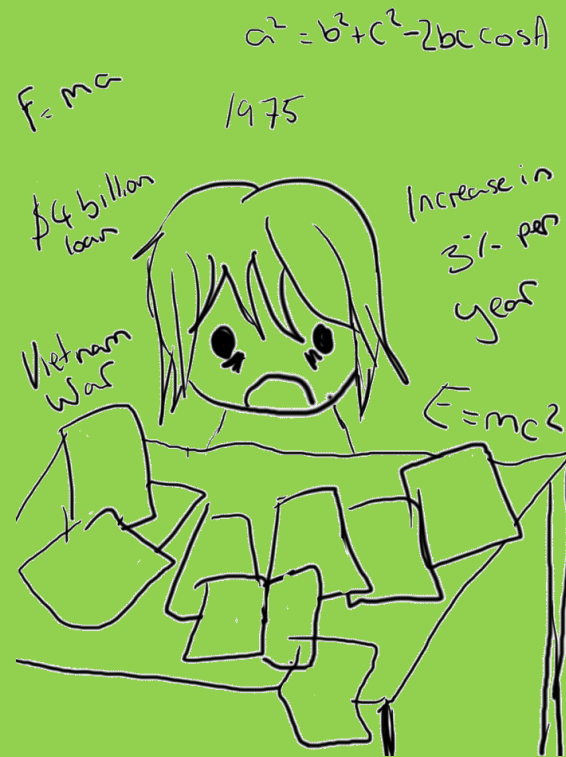
How we can work together to support you in your revision; how and when to revise...

In school:

- **LESSONS!!!!!!!**
- **Structured tutor time**



Looking after yourself over the next few months and during your exams



What emotions are you feeling now?

0/10 1 2 3 4 5 6 7 8 9 10/10										
Despair Angry Terrified	Depressed Powerless Highly anxious Fearful		Worried Lacking clear focus Disorganised Overwhelmed		Doubting Feeling pressured Frustrated Concerned		Organised Hopeful Confident Focused		In control Highly motivated Positive Relaxed Excited	

Exams and times of higher than normal workload create pressure.

Exams create situations that make us feel uncomfortable; that change the way we feel, think and act.

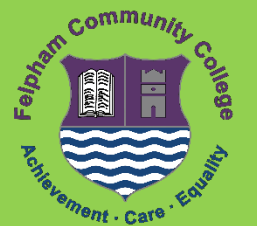
- Pressure is a normal human emotion.
- Everyone suffers from pressure at some time in their lives.
- You can learn to manage pressure from things like exams, but at times it is better to manage this with support from other people.



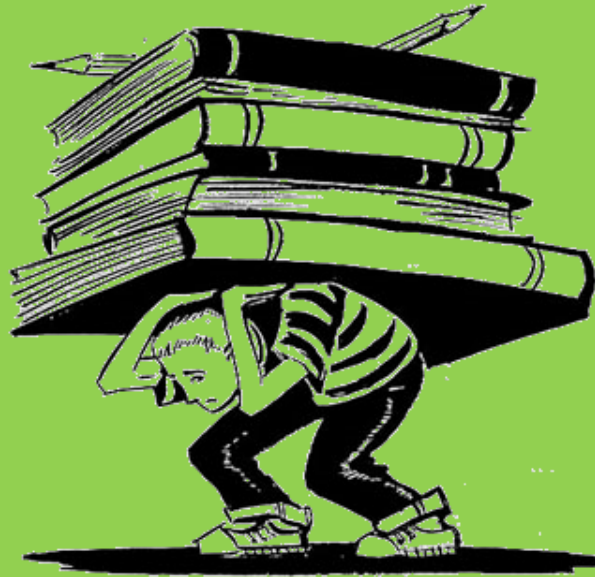
What can/does pressure look and feel like?

- Depression/negative feelings about yourself
- Low levels of self confidence
- Feeling alone and like it is just you suffering
- Anxiety/tension/nervousness
- Mood swings
- Tiredness & headaches
- Excessive or repeated worries or fear
- Forgetfulness
- Poor concentration
- Anger
- Lack of interest in studies despite efforts made
- Changes in sleep or eating patterns
- Avoidance of work – finding yourself repeatedly finding other things to do rather than the most important thing.... revision

0/10						
0/10	1	2	3	4	5	6
Despair Angry Terrified	Depressed Powerless Highly anxious Fearful		Worried Lacking clear focus Disorganised Overwhelmed		Doubting Feeling pressured Frustrated Concerned	



If you are struggling then not doing anything is the worst thing you can do

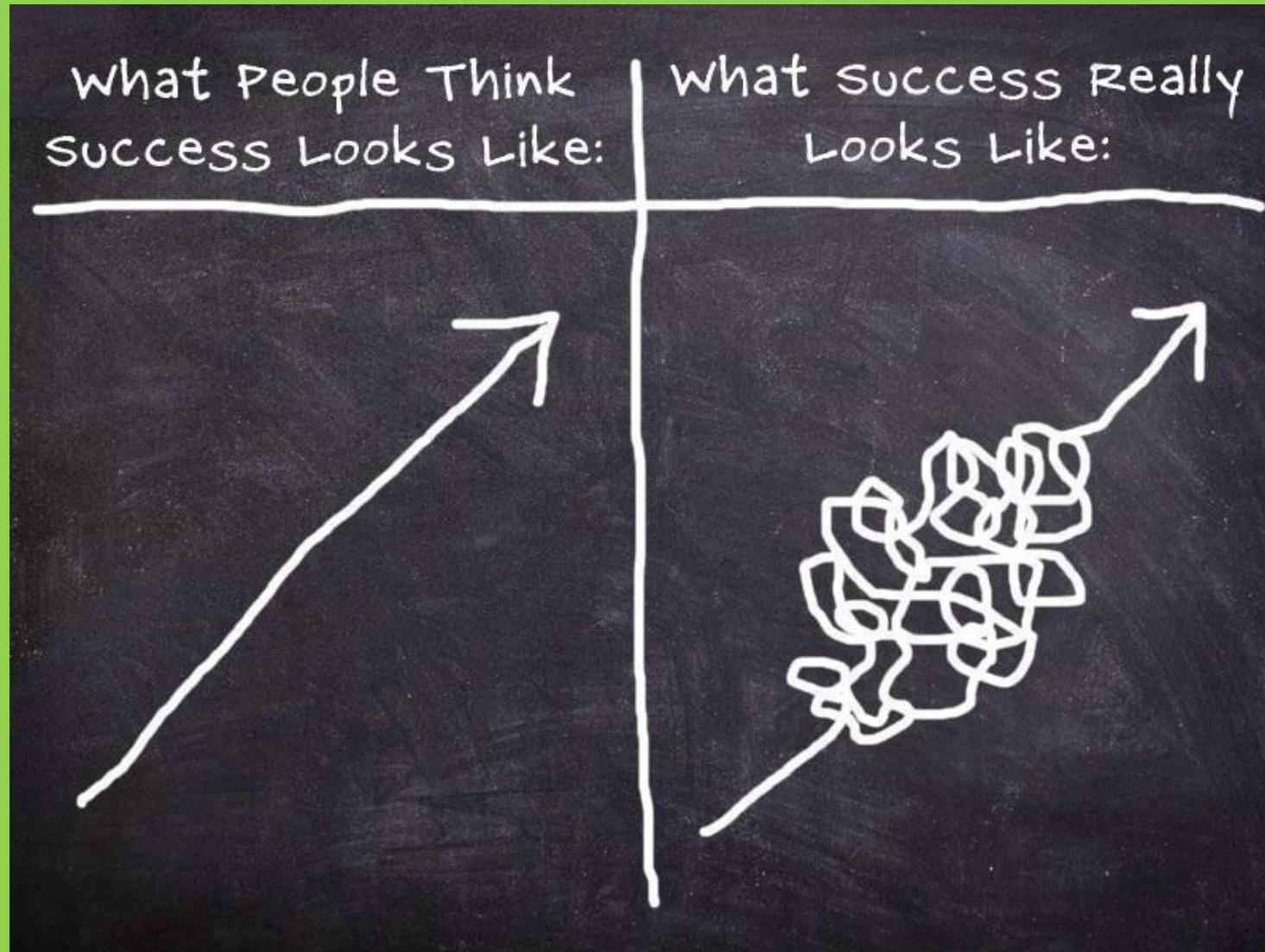


You have a great team who can support and help you!

- **Via email/face to face** - form tutors/year office
- Through **any other member of staff** – your own subject teachers
- **Using your parents** (email or contact staff for you)
- **Attend any extra support opportunities**
- Revise **together** with **friends**
- **100% attendance**



Get Gritty!

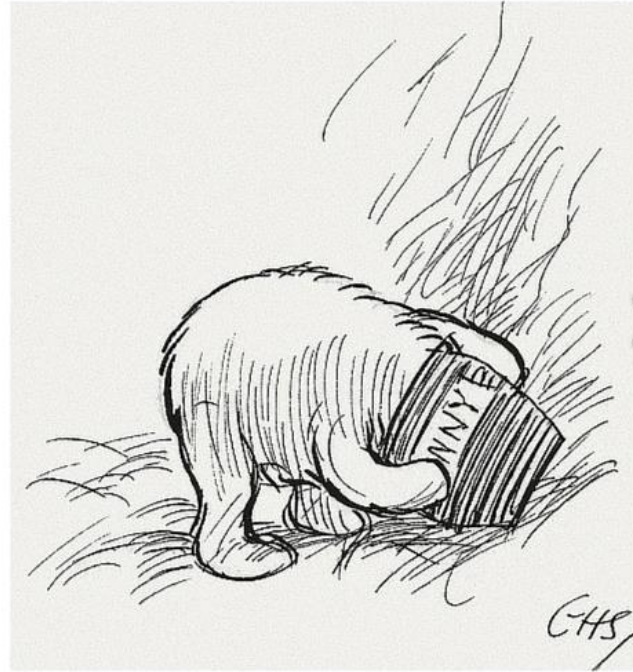


Getting started.

Getting down to it!



Get Organised



Organising is what you do
before you do something, so
that when you do it, it is
not all mixed up.

AA MILNE

THEBUSINESSBAKERY.COM.AU



WHERE AM I NOW?

Subject	Interim report grade	What do I need to do to improve?
English Lang		
English Lit		
Maths		
Science		

Make a big calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9.10	10.10	11.10	12.10	13.10	14.10	15.10
16.10	17.10	18.10	19.10	20.10	21.10	22.10
23.10 <i>Half term</i>	24.10 <i>Half term</i>	25.10 <i>Half term</i>	26.10 <i>Half term</i>	27.10 <i>Half term</i>	28.10 <i>Half term</i>	29.10 <i>Half term</i>
30.10	31.10	1.11	2.11	3.11	4.11	5.11

Use a daily schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7am							
8am							
9am							
10am							
11am							
12pm							
1pm							
2pm							
3pm							
4pm							
5pm							
6pm							
7pm							
8pm							
9pm							
10pm							

Subject check lists to help ‘chunk it up.’

This may seem like a lot, but it allows you to break up revision into manageable chunks.

Mark areas you feel confident/less confident about.

Maths – Foundation		
Paper 3		
	Topic	<u>Mathswatch</u>
1	Writing numbers from words	1
2	Fraction to percentage	N32
3	Simplify algebra	33
4	Metric conversions	112
5	Order numbers including negatives	2
6	Area and perimeter of shapes on grids	52/53
7	Language of probability	14
8	Probability of not happening	59
9	Quadrilaterals	G14
10	Name 3D shapes	G12a
11	Averages from a frequency table	130a
12	Bar chart	15
13	Problem solving with time	N7b
14	Think of a number	A12
15	Pie charts	128a
16	Distance time graphs	143
17	Value for money	41
18	Ratio	106
19	Describe transformation	48/49/50
20	Scale drawings with bearings	124
21	Solve equation with brackets	135a/A19a
22	Simple interest	111
23	Laws of indices	131
24	Expand brackets	93
25	Percentage of amount	86
26	Angles on parallel lines and in a triangle	120/121/122
27	Inverse proportion	42
28	HCF and LCM	79/80
29	Rates	142a
30	Quadratic graph	160

Subject check lists to help ‘chunk it up.’

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Geography

ALL PAPER ONE TOPICS

Natural hazards

Living world

Coastal landscapes in the UK

River landscapes in the UK

Religious Studies

Sikhism Beliefs

Sikhism Practices

Crime and Punishment

Relationships.

Psychology

Development

Memory

Psychological problems

The Brain

Social Influence

Social and Cultural issues in Psychology

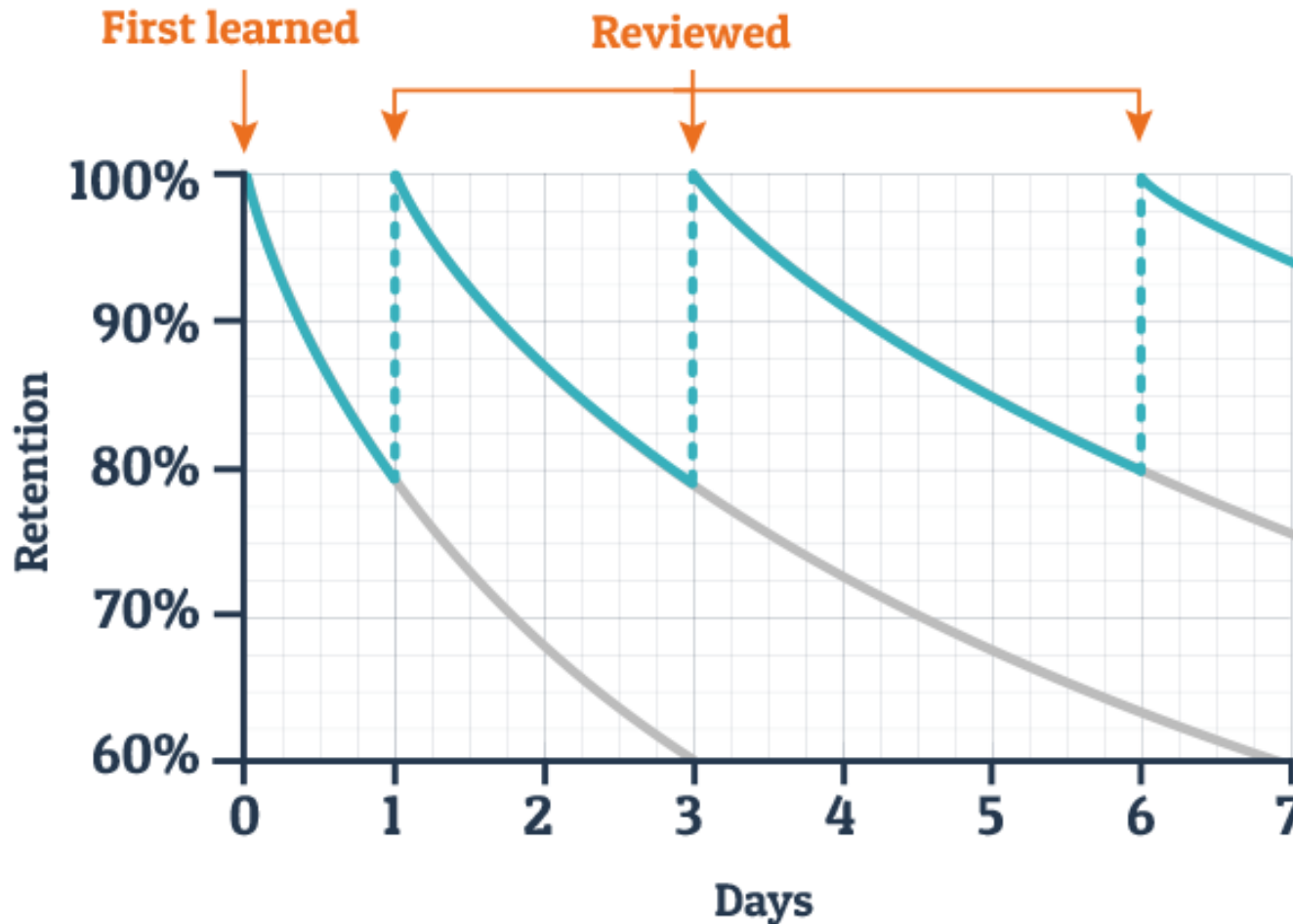


Spaced Practice



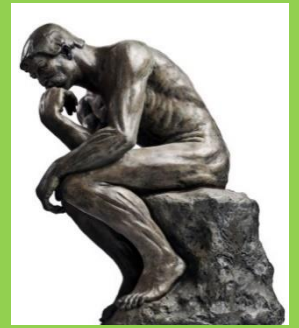
Spaced Practice

Typical Forgetting Curve for Newly Learned Information



Research Informed Revision

strategies to help you do revision that works



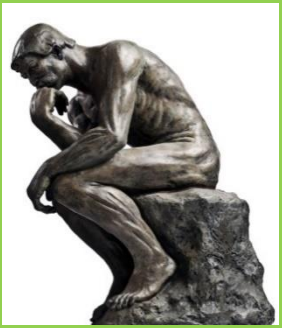
Strategy

Plan your revision schedule (particularly over holiday times), so that you keep coming back to topics – don't just do them once and think that's OK!



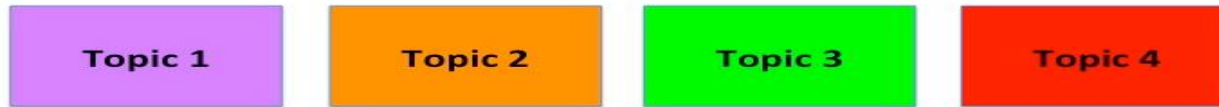
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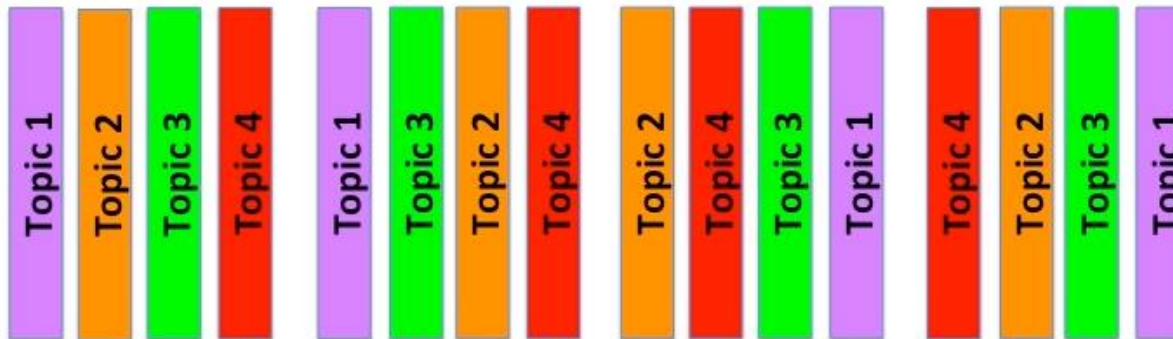


Strategy -

Interleave your revision topics. So instead of revising like this:



Revise your topics like this instead:



Work Space



Work Space



Stay healthy



Treat yourself



Good study-mates?

“you are the average of the five people you spend the most time with”



Look after your best revision guide



Look after your best revision guide



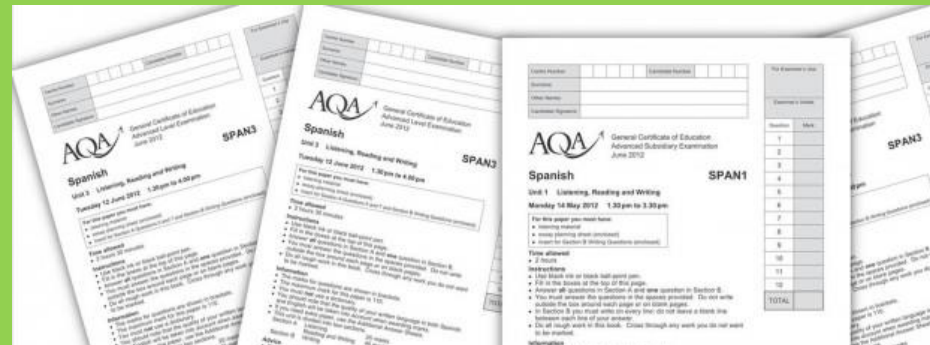
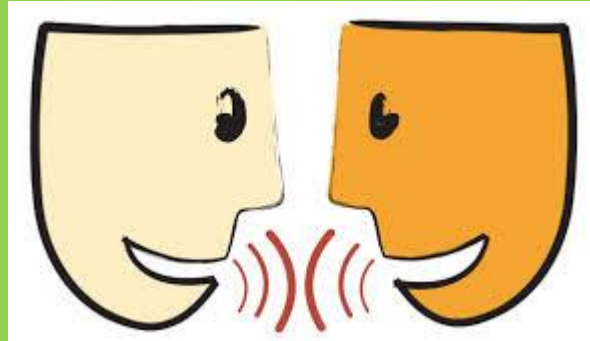
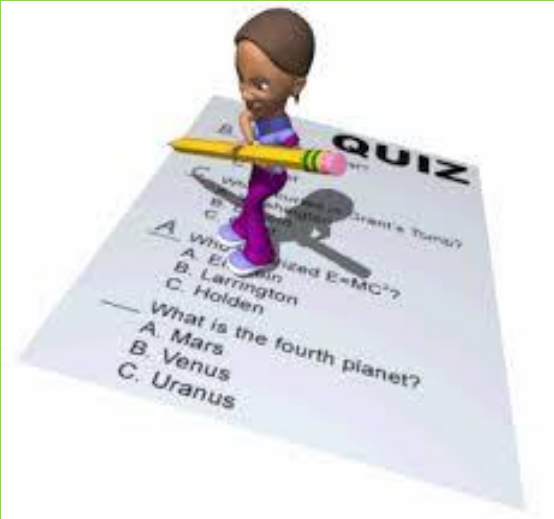
Revision guides & websites:

WARNING





Retrieval Practice

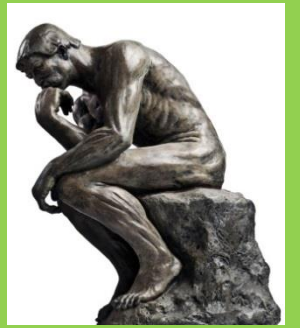


Quizzing!



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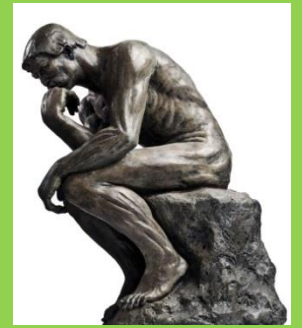


Strategy

- Quizzes
- Take a blank sheet of paper and sketch out/mind map/bullet point everything you can remember about the topic
- Keep testing yourself in the way that you will be tested – so do lots and lots of past exam papers and/or get someone to ask you questions.

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strategies to help you do revision that works



Strategy

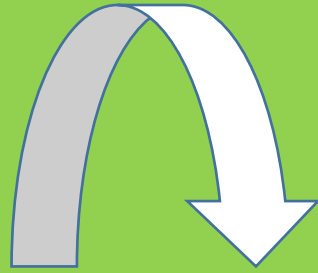
Use flashcards to help you remember key ideas.

A flashcard has a question/topic on one side and the answer/bullet point on the other side – so it's a great way of testing your key knowledge.

A screenshot of an app store search for 'Flashcards+' by Chegg. The search bar at the top shows 'flashcards' and '5,694 Results'. Below the search bar is the app's icon, a white plus sign inside an orange square with the word 'Chegg' below it. To the right of the icon is the text 'Flashcards+ by Chegg — FREE...', 'Chegg, Inc', and a 4.5-star rating with '(22)' reviews. A blue 'OPEN' button is to the right. Below this are two preview images of the app on a smartphone. The left preview shows a screen titled 'Create a custom deck for a tough class or upcoming test' with a text input field containing 'Chemistry 101' and 'Periodic table and basic chemical reactions.' The right preview shows a screen titled 'Add images to your flashcards to help with memorization' with a photo of the Mona Lisa and text 'The Mona Lisa Leonardo Da Vinci 1503-1506'.

A Christmas Carol:

Mr Fezziwig (4)



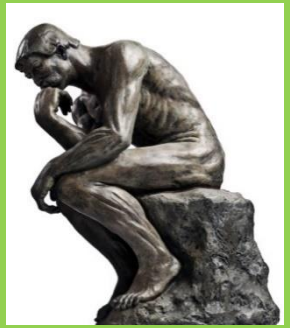
1. Symbol of compassionate capitalism
2. Jovial
3. Generous
4. Epitome of Christmas cheer

Elaboration



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Strategy

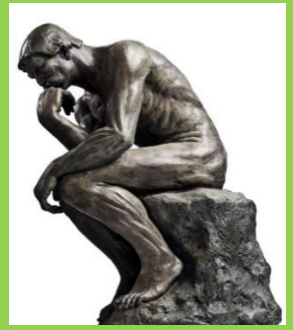
When you answer a question, develop your answer by thinking about **'why?'**

For example:

- In science, increasing the temperature can increase the rate of a chemical reaction....why?
- In geography, the leisure industry in British seaside towns like Porthcawl in South Wales has deteriorated in the last 4 decades....why?
- In history, the 1929 American stock exchange collapsed. This supported Hitler's rise to power....why?

Research Informed Revision

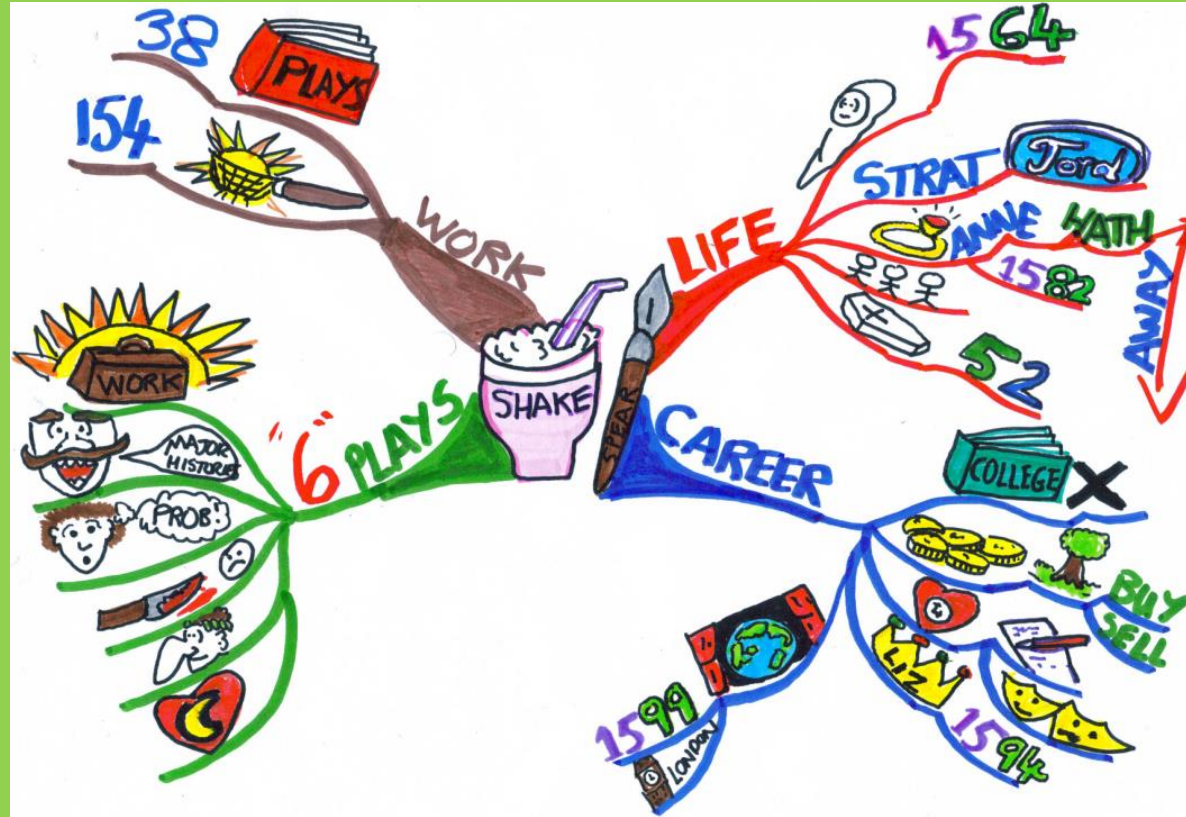
strategies to help you do revision that works



Strategy

Once you have revised a topic, explain it to another person and ask them to ask you sensible questions about it e.g. 'Why is that then?'

Dual coding



Dual coding – *An Inspector Calls*

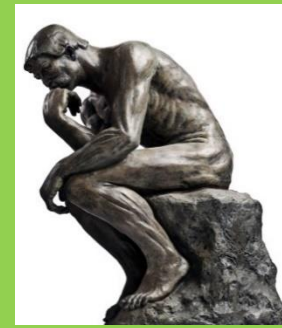


Other effective strategies:



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strategies to help you do revision that works



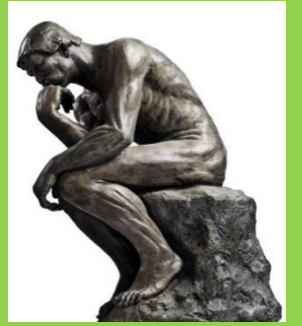
Strategy

Read a section of your exercise book (or revision guide) and write a summary of the key points (without looking back).

Then go back and check for accuracy.

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strategies to help you do revision that works

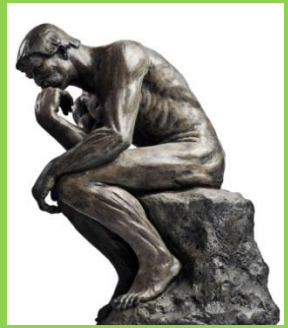


Strategy

Read a section of your exercise book (or revision guide) and then put the information into a different format e.g. list, table, spidergram etc.

Research Informed Revision

strategies to help you do revision that works



Strategy

Use acronyms to help remember 'lists' of things e.g. colours in the spectrum
ROYGBIV (red, orange, yellow, green, blue, indigo, violet)

**Not very
effective**



Re-reading



Highlighting

Expectation



Reality



Why not?

- Low challenge.
- Little thinking required.
- Makes the student think that they are ‘doing something’

“Memory is the residue of thought.”

Daniel Willingham

“Learning happens when students have to think hard.”

Prof Rob Coe



This is the first time you have gone through this; this is your only chance.... ☹️

As teachers, we do this every year; we are used to it; we can help and support you... 😊

